



# 2009 HEARTLAND FESTIVAL Canoe/Kayak Races



**Saturday August 29 2009 9:30 am EDT**  
Freeman Lake - Elizabethtown Ky.

**Entry Fees** (per person) - **\$15.00**

Postmarked by 8/22

**\$20.00**

after 8/22 & race day

### Races:

- |                            |     |                                 |
|----------------------------|-----|---------------------------------|
| 1 mile across lake & back  | ... | 1/4 mile canoe open sprint      |
| Adult/child (under 13)     | ... | 2 child (under 13)              |
| Man/woman                  | ... | Women                           |
| Media (revolving trophy)   | ... | Business/Church (Hardin County) |
| Kayak (1 mile, man, woman) | ... | 1/4 mile Kayak open sprint      |
- Whistle race (changing seats)  
War canoe (unlimited people/canoe)  
Tug 'o War (unlimited people/canoe)  
Blindfold race (1 paddler blindfolded the other with only paddle)  
Back to Back race (paddlers facing in opposite directions)

### Race Amenities:

1. Canoe & Kayak Race shirt
2. Drawings for merchandise and gift certificates from local and national businesses (most over \$20 value. Over 70 drawings last year.)
3. Free refreshments (fruit, snacks, drinks) for racers and guests.
4. Free use of canoes & life jackets for races (for those that don't have a canoe)
5. Entry fee allows you to enter as many races you want to race.

### Safety:

Life jackets required..... no pets please

Name _____	Phone (    ) _____
Address _____	City _____ State _____ Zip _____
Age as of Aug 29 2009 _____	Shirt size: <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> XL <input type="checkbox"/> Specify _____
Additional Information/Mail to:	Heartland Festival Canoe Race c/o Larry Dattilo 298 Pinnacle Dr. Brandenburg, Ky.40108 270-422-2864
<b>Liability Waiver: Must be signed at Registration</b>	